



# Minami no Kaze

南の風はあったかい

Vol.8

2012/Dec.

## Minami Lounge Information

# Lets enjoy at Minna no 「Wa!」 Festival

「Minna no 『Wa!』 Festival had become an annual event, and this year's event on Dec. 12, was held with great success.

This festival was held for everyone, Japanese, non-Japanese, children and adults, who are living in/near Minami ward to communicate each other and have an enjoyable time. The planning and operation were conducted by the registered, volunteers, town teachers and the lounge staffs. The festival was blessed with great weather and members from the Minami ward office, Yokohama International Association visited the festival. The visitors were over 600 people.



- ① The opening music, Korean Chango, was the starting sign of the festival and each country's dance, songs, music, unique cuisine and sweets were served.
- ② Percussion was performed by children's from "Yokohama Pagi Hakkyo".
- ③ Song, "My homeland" by Philippine volunteers.
- ④ "Koto" (Japanese harp) performed by the registered town teacher. This teacher gathers her friends and voluntary performs at some facilities in Yokohama city. At the festival, she performed with her 13 and 17 string Koto, collaborating with Shakuhachi (Japanese flute).
- ⑤ Native cuisine, tea and free sweets treated by foreign residents were popular. Delicious cuisine from Russia, Cambodia, Korea, Philippines, Thailand, Peru, Indonesia, Haiti and China may satisfy your heart and appetite.
- ⑥ Children were crazy about the Magic show.
- ⑦ Arabian belly dance was mysterious and beautiful. The performer was from "MIC" Kanagawa and a female manager of the Sushi restaurant in Minami ward.
- ⑧ Aroma hand massage by the registered town teacher of Minami ward. The massage had healed the visitors.



# Lounge News

## Be careful of Influenza

Winter season came and the respiratory system is easy to get sick due to the drop of temperature and dry air. Every year, around this season, we alert residents about the influenza and norovirus.

Generally, cold are caused by various viruses. The symptoms of an ordinary cold are mainly sore throat, running nose, sneezing and coughing but cannot see much general symptoms. Also, fever is not that high compared to influenza and not likely to become severe. On the otherhand, influenza is caused by influenza virus. Symptoms of influenza are; fever over 38°C, headaches, joint pain, muscle pains and these symptoms suddenly appear. Also, like the ordinary cold, influenza has symptoms like sore throat, running nose and cough. Rarely, children occurs acute encephalopathy and elderly person causes pneumonia or gets severe when the immune system decreases.

Below are the hints for not catching influenza:

- ① Recommend to receive a flu shot. This will protect you from the virus and avoid getting severe.
- ② Contain your coughs and sneezes. Cover your mouth and nose when you sneeze or cough. When you cough or sneeze into your hands, wash well.
- ③ Wash your hands and rinse your mouth well. Also keep an adequate humidity of the room.



## Tax Return Declaration

Every year in this season, we have to declare our “income tax” and adjust “municipal/prefectural resident year-end tax”. Your tax might return and able to deduct the next year’s insurance tax according whether you have income and dependents. People who don’t earn income or your company do not adjust the year-end tax or you receive payment from multiple places, please declare. Please contact the tax department at the ward office. There is Chinese speaking staff in Minami ward office, every Monday, Wednesday and Thursday at afternoon.

## Telling Traditional Culture 「Town Teacher」

Minami ward office has registered volunteer 「Town Teacher」 system. It is the system that returns your knowledge and ability to the region. Especially, Minami lounge has eager volunteers that teach Japanese culture to non-Japanese.

Below are some classes:



Ms. Fujima introducing Japanese dance , yukata, Japanese hair style to foreign parent and child.



Ms. Makino introducing Japanese tea, manners to non-Japanese mothers who are raising child.



Member of “Fukushoku Bunka Kenkyukai” that are attending our festival wearing long-sleeved kimono.

Ms. Ebihara teaches “origami” using “washi”(Japanese paper) at “Non-Japanese Mothers Meeting”.



## Minami no Kaze (Japanese News Letter)

Issue : Minami Shimin Katsudo・Tabunka Kyosei Lounge

(Abbreviation: Minami Lounge)

〒232-0024 10F Urafune Fukugo Fukushi Shisetsu, 3-46 Urafune-cho,

Minamiku, Yokohama, 232-0888

TEL 232-9544 (Japanese) 242-0888 (Foreign) FAX 242-0897

Contact Place: 9:00am~5:00 pm