

<u> Visited Minami-ward Health Checkup day for Infants</u>



Minami Ward Office 4th floor

Entrance for Check-up

There is a urine test for 3 years !

"Health checkup for Infants" is a check-up system to know your infant's growth. Your infant's height/weight/measure of head posture, doctor's examination and nurse's inquiry(such as daily rhythm of your infant) will be checked. If you wish, there is a chance to have nutrition and psychological consultation.

For 18months & 3 years, there is a dental check-up. For 4months, there is a video of how to start baby food. ${\bf \hat{y}}$

(Visited Aug 19th ; Health checkup for 3 years.)



Waiting Room -Please wait until your turn comes-



Dental Check-up Room Explanation is written in Chinese, English and Japanese.



Chinese interpreter was there helping the checkup. She has experienced bringing up 3 children and her information is useful for interpreting. There are days when English & Tagalog interpreters are present. Please check the notice sent to you by the ward office. You can also check the Minami Ward website.

Notice of "Health checkup for infants" are sent to houses of infants ages 4months, 18months and 3years. Please come to the checkup directly with the things to bring written on the paper. If your schedule does not fit with the day written in the notice, please call 045-311-1148 (Japanese). At this moment, due to COVID-19 reasons, we would like you to cooperate and have only 1 parent attend 1 child's checkup.



Video of Dental Health & Nutrition and Life (For **18**mths/**3**years) -English Version/Chinese Version-

To prevent COVID-19 infection, infant's dental health & nutrition and life explanations are not and on the checkup day. However, there are Chinese videos & English videos which you can watch at home ♪

Please access the URL below or the code next to the picture of the baby.

https://www.city.yokohama.lg.jp/minami/kurashi/kosodate_kyoiku/nyuyoji-kenshin/20210125113735016.html

The website is in Japanese, however if you scroll down the site there are informations in English & Chinese. Click the title you are interested in and in seconds you can see the video.

みなみ市民活動・多文化共生ラウンジ情報紙 英語版



This year, Minami Lounge event Minnna no "Wa!" Festa will take place online at Minami Lounge website, instead of face to face. No worries of COVID-19 since it is held online, however the event contents might differ due to the circumstances. (The pictures below are from last year.)



Panel Rally

linna no

Panel of groups registered in Minami Lounge will be pinned. See the panels and participate the quiz rally, You can get a souvenir. Exhibited:Nov.27(Sat)-Dec.28(Tue)



Festa of

Japanese Speech

Japanese class students will talk about their countries and their impressions of Japanese life style. *Video recorded Released: Dec.10(Fri) -Mar.31(Thurs)

Multicultural Stage

Matougin, Dances of China/Thailand/Nepal and storytelling in multilanguages are planned to be released in video style. Released: Dec.10(Fri)-Mar.31(Thurs)



Notice from the Lounge

Seminar for Volunteers who are Introducing Foreign Culture



We are seeking for volunteers who will introduce foreign culture/games and languages in elementary schools of Minami ward. For those who are interested, we will explain the tips of volunteering. There are times to talk with others, too \blacktriangleright

•Seminar in Chinese Dec.15 (Wed) 10:00~12:00 Seminar in English Dec.15 (Wed) 13:30~15:30 Seminar in Japanese Dec.16 (Thurs) 13:30~15:30

Apply: From Oct.1 to Dec.14. Please call(045-242-0888) or visit the lounge.

Workshop Sumo excercise, magic, Aikido, Korean and Japanese paper craft workshop will be held. Application will start from Nov.11(Thurs). The workshop might change and take place online due to the circumstances. Workshops: Nov.27 (Sat) 11:00-16:00 Apply to Minami Lounge.



Yokohama Multilingual Website has been updated!

Multilingual website of Yokohama has been updated from April 2020. Many people say that it is easier to use than before. Why not try and experience the updated Multilingual Website.

https://www.city.yokohama.lg.jp/lang/





Minami Lounge URL https://tabunka. minamilounge.com

Consultation concerning daily life is available in multiple languages at Minami Lounge
${f 1}$ Information and advice concerning daily life (Free of charge)

Office hours: Monday-Sunday 9:00~17:00 (Closed; 3rd Mondays, 29Dec.~3Jan.) Telephone :(Japanese) 045-232-9544 (Foreign Language) 045-242-0888.

Look below for available language and days

[Available language and days]

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chinese	Chinese	Chinese	Chinese	Chinese	Chinese	Chinese
		English	Thai	Tagalog		

2 Free of charge consultation about law (2nd Thurs), visa (3rd Thurs) and education (4th Thurs)

※ 13:30∼, 14:30∼ (Appointment needed. Tel.045-242-0888)

★ Minami Lounge is operated by YOKE on behalf of Minami Ward Office