



Minami no Kaze

Vol.61
March 2026

Do You Have Any Concerns About Healthcare or Hospital?

- 👉 I don't know Japanese.
- 👉 How Can I Get Information?

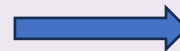


Yokohama City provides a list of medical institutions that accept foreign patients. You can search for hospitals and clinics that offer services in foreign languages or use telephone interpretation services. For more details, please visit the Yokohama City website.

🏥 Have You Had Your Specific Health Checkup?

The Specific Health Checkup is a national health screening program in Japan.

It helps detect lifestyle-related diseases at an early stage. Yokohama City's National Health Insurance offers free health checkups to help improve lifestyle habits and prevent illness. Foreign residents are also eligible. Checkup tickets and a questionnaire will be mailed to your home from mid-May. Some medical institutions provide services in foreign languages. Please scan the QR code to find available locations.



- 🌸 Early detection is important to protect your health, please get a medical checkup.
- Other health services are also available:
- Cancer screening (fee required) , Health checkups (for people aged 75 and over)



Multilingual Assistance for Government Procedures

Minami Ward Office Volunteer Interpreter Service

Date & Time: Every Friday, 1:00 PM – 5:00 PM
(Except national holidays and Dec. 29th-Jan.3rd)

Location: Koho sodan-gakari
(1st Floor, Counter No. 1)

Services: Guidance within the ward office,
Assistance with administrative procedures

Languages Available: English and Chinese

Contact: Koho sodan-gakari,
Minami Ward Office

Tel: 045-341-1112

Interpretation Tablets are also available at Minami ward office counters. Multilingual support is provided.



Tax Payment Certificate for Permanent Residency Applications – You can apply by your smartphone –

For permanent residency applications, you may need a Tax Payment Certificate (Form No. 3). You can apply for this certificate through e-Tax without going to the tax office.

How to apply:

Apply using a smartphone, computer, or tablet

How to receive it:

- Receive it as an electronic data
 - Receive a paper at the tax office
- For instructions, please check the URL below or the QR code.(National Tax Agency)
(Available in: English, Chinese, Portuguese, Spanish, Vietnamese, and Filipino)

URL : https://www.nta.go.jp/about/organization/tokyo/topics/nozeishomei_online/pdf/01.pdf



Information of City Tax Documents Available in Multiple Languages!

Starting January 2026, explanations of city tax documents will be available in the following Languages (English, Chinese, Korean, Nepali, Vietnamese, Portuguese, Spanish) .

You can read explanations about city taxes (Municipal tax, Prefectural tax, Fixed asset tax) .

For more details, please visit Yokohama City's official website.



March 20th(Fri)~April 5th(Sun) Minami Cherry Blossom Festival 2026

The Ooka River Illumination Lighting Ceremony will be held on Friday, March 20 at 5:00 PM!
The Ooka River will be beautifully lit with illuminations and lantern,
from 6:00 PM to 9:00 PM each evening until Sunday, April 5.
In addition, Event will hold at Maita Park: Saturday, March 21: 2:00 PM - 7:00 PM Sunday, March 22: 10:00 AM - 3:00 PM
Minami Lounge booth will be there! We hope to see you there!

March 21st(Sat.)		March 22nd(Sun.)	
14:00~ 16:00	Face Painting	10:00~ 12:00	Taste and sound of Iran (Iranian tea, sweets, and musical instruments)
17:00~ 19:00	Hand Massage	13:00~ 15:00	Introducing Japanese classes and Interviews by Japanese language learners

*The contents of the booth might change due to circumstances.

Wanted

No Japanese required. Everyone is welcome!

We are looking for **volunteers**
to introduce **cultures from around the world.**

★ Would you like to tell students about
your country? (games, history, words, quizzes, etc.)

★ Share your culture, talents, and skills!
(musical instruments, cooking, dance, English, etc.)

Introduction of Multicultural Volunteer (14)



My name is Meliana from Indonesia. I came to Japan in 2022. I have been living in Japan for almost four years. I enjoy having fun with my friends, traveling, and cooking. Some time ago, I attended an information session about becoming a volunteer. I thought it would be a great opportunity to introduce information about my country. I introduce about Indonesia and its culture at schools. I share traditional Indonesian dances that are learned and performed by school children in Indonesia. It's easy for the students to follow. Through this activity, I had an opportunity to speak basic Japanese and introduce Indonesia to the students. When I felt nervous, I sometimes forget the Japanese words I wanted to say. However, I was very happy when I saw the children looking excited and enjoying the dancing session. I think by becoming a volunteer, we can introduce our home country and help create togetherness in diversity.



Ms. Kou

News Introducing the NEW staff of Minami Lounge!

Nice to meet you. I am KOU
Mayumi. A coordinator in
charge of the citizen's
activity from last year
December. If you want to try
something in the community
or do something,
Please feel free to come to
Minami Lounge!
Thank you!



Ms. Meliana

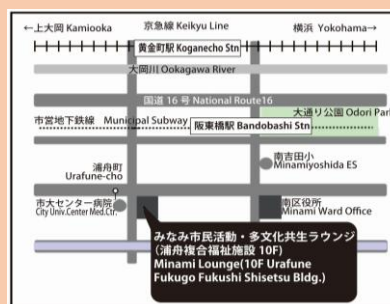
Minami Citizens Activity & Multicultural Lounge (Minami Lounge)

Urafune Fukugo Fukushi Shisetsu 10F, 3-46 Urafune-cho
Minami-ku, Yokohama 232-0024

① Consultation Desk (Free of charge) : Mon.-Sun. 9:00-17:00
(Closed on : Every 3rd Mondays · Dec.29 to Jan.3 · National holidays)
Tel. : (Japanese) 045-232-9544
(Foreign Language) 045-242-0888
※ Please check below for available languages

② Free of charge consultation :
Law (2nd Thurs), Visa (3rd Thurs) and Education (4th Thurs)
※ 13:30-, 14:30- (Appointment needed. Tel.045-242-0888)
【Available languages and days】

Days	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
language	Japanese Chinese English	Japanese Chinese English	Japanese Chinese English	Japanese Chinese English Thai	Japanese Chinese English Vietnamese	Japanese Chinese	Japanese Chinese



Minami Lounge URL
<https://tabunka.minamilounge.com/>

◀ Direction Map